



萬鈞伯裘書院
MAN KWAN PAK KAU COLLEGE

2027/28 萬鈞躍動 菁英計劃

Man Kwan Elite Programme



計劃章程 Programme Details

(1) 計劃背景 Background of the Programme

本計劃的推出是為了回應教育局積極推動STEM教育及21世紀技能培養的呼籲，同時配合學校近年升級的教學設施，以提供更優質的學習環境。在此基礎上，「萬鈞躍動菁英計劃」緊扣萬鈞伯裘書院「ACTIVE Education」（活的教育）的核心理念，即「人本教育」，強調以學生為本、全面發展個體潛能，讓每位學生成為主動參與者，透過活潑、互動的學習體驗，培養身心靈平衡的菁英人才。

透過運動體育、STEAM及藝術三大方面的整合，本計劃旨在讓學生不僅掌握知識，更能應用能力於真實情境中，成為具備全球視野、責任感和創新力的未來領袖。

This programme has been launched in response to the Education Bureau's advocacy for promoting STEM education and developing 21st-century skills. It also aligns with the school's recent enhancement of teaching facilities to provide a higher-quality learning environment.

Building on this foundation, the "Man Kwan Elite Programme" is closely linked to Man Kwan Pak Kau College's educational philosophy of "ACTIVE Education", which emphasizes human-centred learning. The school is committed to nurturing each student's potential through holistic development, encouraging them to become active participants in their own learning. Through lively and interactive learning experiences, students cultivate both mental and physical balance, developing into well-rounded, capable elites.

Through the integration of Sports, STEAM, and Arts, the programme aims to equip students not only with knowledge, but also with the ability to apply it in real-life contexts—enabling them to become future leaders with global vision, a strong sense of responsibility, and innovative thinking.

(2) 目標收生人數及獎勵 Target Admission Number and Awards

收生人數 Admission Quota

- 三個範疇（運動體育、STEAM、音樂與藝術）最多遴選共9名菁英學生。
- 總計遴選人數不超過9名，根據不同範疇，透過個人自述、校長推薦、小組評估形式進行選拔。
- A total of up to 9 elite students will be selected across the three categories — Sports, STEAM, and Music & Arts.
- The total number of selected students will not exceed 9. Selection will be based on personal statements, principal recommendations, and group assessments.

獲得獎勵 Rewards obtained

- 本校於自行收生階段優先取錄資格。
- 未來六年的重點培訓及外出交流機會：
 - 學校將在各領域（運動體育、STEAM、音樂與藝術）提供全面支持。
- Priority admission to Man Kwan Pak Kau College during the Discretionary Places Admission Stage of the Secondary One allocation process.
- Six years of focused training and external exchange opportunities:
 - The school will provide comprehensive support in each field — Sports, STEAM, and Music & Arts.

(3) 報名與收生程序 Application and Admission Procedures

資格要求 Eligibility Requirements

學業要求 Academic Requirements	申請者須為小六學生，需提交完整申請資料，包括最近兩年的學業成績單。 Applicants must be Primary Six students and submit academic reports for the past two years together with a complete set of application materials.
活動參與與成就 Participation and Achievements	列明最近三年間，在三大方面（運動體育、STEAM、音樂與藝術）曾參與過的交流、培訓、比賽（校內、校外）及獎項，並附上相關文件證明（如證書、照片、活動記錄或學校證明）。 Applicants should list their activities and awards from the past three years in the areas of Sports, STEAM, and Music & Arts, including exchange programmes, training, or competitions. Supporting documents (e.g. certificates, photos, activity records, or school proofs) must be attached.
推薦信 Recommendation Letters	須附上小學校長推薦信，並蓋上小學校印，推薦信應簡述申請者的品格及學習態度。；亦可附上導師、教練/體育總會之推薦信（特別適用於運動體育方面，證明競技潛力及品格展現），以強化申請者的全面素質評估。 A recommendation letter from the primary school principal (with school stamp) is required, outlining the applicant's character and learning attitude. Additional letters from coaches, instructors, or sports associations are welcome, especially for Sports applicants, to highlight ability and personal qualities.
個人陳述書 Personal Statement	學生須填寫不少於 200 字的個人陳述書，內容包括： • 對計劃的興趣。 • 個人經歷如何連結本校。 • 在未來六年在其範疇的預期收穫。 Applicants must provide a personal statement of at least 200 words, covering: • interest in the programme; • connection between personal experiences and the school; • expected development and achievement over the six-year journey.

(4) 申請要求 Application Requirements

申請人須遞交以下申請：

- 遞交「中一自行分配學位申請」。
- 遞交「萬鈞躍動菁英計劃」申請表（體育、STEAM、藝術）。
- 填寫本校網上入學申請表

***申請人必須承諾於中一自行分配學位階段以本校為首選學校。**

Applicants must submit the following materials:

1. Secondary One Discretionary Place Application
2. "Man Kwan Elite Programme" Application Form (Choose the relevant category: Sports, STEAM, or Arts.)
3. Online Admission Form

*** Applicants must commit to listing Man Kwan Pak Kau College as their first-choice school during the Discretionary Places stage.**

(5) 審核過程 Review and Admission Process

申請將由本校專責小組進行審核。該小組將根據以下項目進行評分：

- 個人陳述書 + 面試表現 (30%)
- 履歷（如參與活動、培訓、比賽及獎項等） (45%)
- 學業成績 (10%)
- 操行 (15%)

All applications for the Man Kwan Elite Programme will be assessed by the school's Selection Committee, based on the following criteria:

- Personal Statement & Interview Performance (30%)
- Portfolio (activities, training, competitions, awards, etc.) (45%)
- Academic Results (10%)
- Conduct (15%)

(6) 遞交申請表期限 Application Submission Period

遞交期限：由2026年10月17日起至2027年1月18日

Application Opens: From October 17, 2026, to January 18, 2027.

此表格僅供本校自行分配學位階段「萬鈞躍動菁英計劃」甄選程序之用，資料只供本校作參考及紀錄用途，申請者如欲於自行分配學位階段報讀本校，仍須於2027年1月4至18日本校辦公時間內親身到本校校務處遞交以下文件，以便完成辦理申請手續。

- 自行分配學位申請表
- 學生身份證副本
- 學生相片一張
- 小五全年成績表副本
- 小六上學期成績表副本
- 小學校長及導師（如有）推薦信
- 個人陳述書
- 所有獎項、資格或作品之相關證書或文件副本

This form is for the internal selection process of the “Man Kwan Elite Programme” only. The information will be used solely for reference and record purposes.

Applicants who wish to apply to our school under the S1 Discretionary Places stage must complete official submission between 4–18 January 2027, during office hours, by submitting the following documents in person to the school general office.

Documents Required:

- S1 Discretionary Place Application Form
- Copy of the student's HKID card
- One recent student photo
- Copy of Primary 5 full-year report card
- Copy of Primary 6 first-term report card
- Recommendation letter from the primary school principal and/or teacher (if available)
- Personal Statement
- Copies of all relevant certificates, awards, qualifications, or project work

遞交方式：親臨本校校務處遞交

Submission Method: Submit in person to the General Office of the school.

(7) 面試日期及結果公布日期 Interview and Result Announcement

- 如申請者符合資格，本校會在 2027 年 1 月 20 日 通知家長及進行第一輪面試，面試將安排於 2027 年 1 月 23 日進行。
- 如未接獲此計劃優先錄取之學生，會按本校中一自行分配學位機制之收生標準安排參與第二輪面試。
- 如未接獲此計劃面試之學生，會按本校中一自行分配學位機制及收生標準安排參與第一輪面試。

1. 學業成績 30%
2. 操行 30%
3. 面試 20%
4. 校外比賽表現/課外活動 20%

- **Interview Notification:**

Eligible applicants will be notified by 20 January 2027 to attend the first-round interview scheduled on 23 January 2027.

- **Second-Round Interview Arrangement:**

Applicants who are not shortlisted for priority admission through this programme will be considered under the school's S1 Discretionary Places admission mechanism and advance to the second-round interview accordingly.

- **Alternative Arrangement:**

Applicants who are not shortlisted for this programme's interview will still be considered under the school's first-round interview for S1 Discretionary Places admission in accordance with the school's selection criteria.

1. Academic Results 30%
2. Conduct 30%
3. Interview Performance 20%
4. External Competitions / Extracurricular Activities 20%

計劃查詢

Enquiries : (852) 2448 2960

各範疇的專屬支援 Exclusive Support for Every Category

A. 運動體育計劃 Sports Stream

專項訓練

- 本校將於課後或上課時間安排 港隊代表 或 前香港隊代表教練，為學生進行個別專項訓練。
- 訓練內容不僅提升學生的競技水平，還注重品格塑造與紀律培養。

體育運動遊學團名額優先

- 優先預留學生參加本校及聯校組織的體育運動遊學團名額，包括：
 - 本地體育營。
 - 海外體育營。
- 遊學團旨在強化學生的協作能力與公民教育。

境外訓練與比賽機會

- 安排學生參加境外的訓練、交流及比賽，提升實戰經驗，相關活動包括：
 - 亞洲地區賽事。
 - 國際級別比賽。
- 透過這些活動，學生可擴闊全球視野，並在實踐中培養領導力與國際競爭力。

Specialized Training

- The school will arrange training sessions during or after school hours, led by current or former Hong Kong team athletes/coaches.
- Training focuses not only on athletic skills but also on character building and self-discipline development.

Priority for Sports Study Tours

- Students will receive priority placement in both school-based and inter-school sports study tours, including:
 - Local sports camps
 - Overseas sports camps
 - These activities aim to strengthen teamwork, leadership, and citizenship awareness.

Overseas Training and Competition Opportunities

- Selected students will participate in overseas training, exchange, or competitions, such as:
 - Asian regional tournaments
 - International-level events
- These experiences help broaden students' global perspectives, foster leadership skills, and sharpen their competitive edge.

申請要求 Requirements	本計劃只接受 中國香港學界體育聯會（HKSSF）認可的運動項目申請（如田徑、游泳、排球等），以發掘體育潛力菁英。 Applications are open only for sports recognized by the Hong Kong Schools Sports Federation (HKSSF) — such as track and field, swimming, volleyball, etc. — to nurture students with strong athletic potential.
遴選及 面試流程 Selection and Interview Process	• 申請者需展示學生在該項運動的技能及知識，並提交過去三年的比賽成績證書或推薦書(由教練或學校提供，證明競技水平) • 進行小組或個人面試，探討運動經歷、團隊精神及對本校的了解（如如何在比賽中展現協作與品格）。 • Applicants must demonstrate sport-specific skills and knowledge, and submit supporting documents such as competition certificates or coach/school recommendation letters covering the past three years. • Students will take part in a group or individual interview to discuss their sports experience, teamwork, and understanding of the school's values (e.g. how they demonstrate cooperation and character in competitions).

B. STEAM計劃 STEAM Stream

- **個人跟進學習：**中學時期將由老師專人跟進其STEAM學習發展
- **科技專項培育：**以個人或小組形式漸進階梯式培育基礎科學與數學、科技能力及進階能力培訓，強化個人專項能力。包括人工智慧及數據分析、機械人設計與操作、科學及跨學科專案開發等新興科技。
- **國際交流展示：**學生將有最少一次機會參與國際STEAM交流活動或以STEAM相關的國際會議。並優先參與本校國際交流活動。
- **豐富學習經歷：**學生將參與學校STEAM創新研究項目培育，並代表學校參與全港、全國或國際STEAM比賽項目。
- **連結國際課程：**資助學生參與美國麻省理工學院（Massachusetts Institute of Technology MIT）或其他院校線上科技課程。
- **參與大學課程：**參與各本地大學STEAM培育協作計劃或暑期課程，支持學生參與大學項目研究。
- **國際考試支援：**支援學生參與國際考試包括IGCSE、IAL國際課程（如適用）。
- **Individual Learning Follow-up:**
Each student will be assigned a teacher mentor to monitor and guide their STEAM development throughout secondary school.
- **Specialized Technology Training:**
Progressive individual or group-based training in foundational sciences, mathematics, and technology, with advanced modules covering AI and data analysis, robotics design and operation, and interdisciplinary scientific projects.
- **International Exchange Opportunities:**
Each student will have at least one opportunity to join an international STEAM exchange or conference, with priority given to the school's overseas exchange programmes.
- **Enriched Learning Experience:**
Students will take part in the school's STEAM research and innovation projects and represent the school in local, national, or international competitions.
- **Global Curriculum Linkage:**
Sponsored opportunities to join online technology courses offered by institutions such as the Massachusetts Institute of Technology (MIT) or other partner universities.
- **University Collaboration:**
Participation in STEAM partnership or summer programmes with local universities, supporting students' early exposure to academic research and innovation projects.
- **International Examination Support:**
Guidance and preparation for international qualifications, including IGCSE and IAL, where applicable.

申請要求 Requirements	本計劃只接受曾參與全港性、全國性或國際性STEAM相關比賽的學生申請（如數學比賽、科學比賽、科技比賽、人工智慧比賽、機械人設計比賽等）並取得卓越成果，發掘對科技及STEAM創新有潛力的菁英學生。 Applications are open only for students who have participated in local, national, or international STEAM-related competitions (e.g. mathematics, science, technology, AI, or robotics) and achieved outstanding results.
遴選及 面試流程 Selection and Interview Process	• 評估重點：面試將考察 1) 學生活動或比賽成果；2) STEAM 學習及創新能力及 3) 對本校的認識。 • 實踐與展示：面試當日，學生需 1) 展示 編程能力；2) 運用 設計思維 解決問題 及 3) 展示個人 項目成果。 • Evaluation Criteria: The interview will assess 1) students' achievements in activities or competitions; 2) STEAM learning ability and innovation potential and 3) understanding of the school's mission and values. • Practical Demonstration and Presentation: During the interview, students are required to 1) demonstrate their programming and coding ability; 2) apply design thinking to solve a given problem and 3) present their personal STEAM project or portfolio.

C. 音樂與藝術計劃 Music and Arts Stream

- **多樣化音樂與藝術活動：**提供各類藝術活動，讓學生參與並發揮創意。
- **比賽資助：**資助學生參加校外或國際藝術比賽，展現才華。
- **音樂與藝術交流資助：**資助學生參與境外藝術交流活動，拓展視野。
- **校內音樂與藝術展覽：**組織校內及社區藝術展覽或音樂會，展示學生作品與學習成果。
- **Diverse Music and Arts Activities:** A wide range of art and music activities for students to explore creativity and develop their artistic potential.
- **Competition Subsidies:** Financial support to participate in local or international art and music competitions.
- **Exchange Sponsorship:** Subsidies for overseas music and arts exchange programmes to broaden students' horizons.
- **School and Community Showcases:** Organization of school-based and community art exhibitions or concerts to present student works and achievements.

申請要求 Requirements	申請人須符合以下至少一項條件： • 公開考試認證：持有英國皇家音樂學院（ABRSM）或同等國際認可機構的術科考試（樂器或聲樂）五級或以上，並取得優異（Distinction）或良好（Merit）成績。 • 比賽獎項認證：過去三年內，於校際音樂節（如香港校際音樂節）、區際性或全國性個人音樂比賽中獲得優良或以上之成績。 • 特殊成就 ◦ 曾參與重要音樂演出（如青年交響樂團、合唱團主要成員、公開獨奏會等）。 ◦ 提交由專業音樂人士（如音樂老師、樂團指揮）提供的推薦信，說明學生的卓越表現和音樂潛質。 Applicants must meet at least one of the following criteria: • Public Examination Certification: Grade 5 or above (with Merit or Distinction) in practical exams (instrumental or vocal) from ABRSM or equivalent internationally recognized institutions. • Competition Achievement Certification: Achieved Merit or higher in the Hong Kong Schools Music Festival or other regional/national music competitions within the past three years. • Special Achievements ◦ Participated in major performances (e.g. youth orchestra, choir, public solo recital). ◦ Submitted a recommendation letter from a music professional highlighting musical excellence and potential.
遴選及面試流程 Selection and Interview Process	音樂遴選及面試流程 通過書面審核的申請者將獲邀參加現場考核。考核由本校音樂教師或音樂導師運行。 • 面試項目： a. 樂曲演奏/演唱：準備兩首對比風格的樂曲，總時間約為5-10分鐘。 b. 視奏/視唱測試：現場提供一段從未見過的樂譜，給予短時間準備後進行演奏/演唱。 c. 面試：了解學生對音樂的認識、學習動機、個人目標、時間管理能力（如何平衡學業與音樂）等。 視覺藝術遴選及面試流程 • 面試項目： ◦ 簡介個人作品集。 ◦ 闡述研讀計畫的學術或創作取向。 Music Audition and Interview Process Applicants passing the document review will attend a live audition conducted by school music staff or instructors. • Performance or Vocal Presentation – Two contrasting pieces, total duration 5–10 minutes. • Sight-Reading / Sight-Singing Test – Short preparation followed by live performance. • Interview – Discussion on musical knowledge, motivation, goals, and time management. Visual Arts Selection and Interview Process Applicants will attend an interview to: • present their personal portfolio showcasing artworks; • explain their study plan or creative direction within the visual arts.