

Man Kwan Pak Kau College
2026-2027
Secondary One Admission
“Man Kwan Elite Programme”
Programme Details

Programme Title:

Man Kwan Elite Programme

Target Group:

Students applying for Secondary One admission (Primary Six graduates)

Programme Theme:

“Leaping into the Future, Launching Elites into Success — Comprehensive Development in Sports, STEAM, and Arts”

I. Background of the Programme

This programme has been launched in response to the Education Bureau’s advocacy for promoting STEM education and developing 21st-century skills. It also aligns with the school’s recent enhancement of teaching facilities to provide a higher-quality learning environment.

Building on this foundation, the “Man Kwan Elite Programme” is closely linked to Man Kwan Pak Kau College’s educational philosophy of “ACTIVE Education”, which emphasizes human-centred learning. The school is committed to nurturing each student’s potential through holistic development, encouraging them to become active participants in their own learning. Through lively and interactive learning experiences, students cultivate both mental and physical balance, developing into well-rounded, capable elites.

Through the integration of Sports, STEAM, and Arts, the programme aims to equip students not only with knowledge, but also with the ability to apply it in real-life contexts—enabling them to become future leaders with global vision, a strong sense of responsibility, and innovative thinking.

II. Target Admission Number and Awards

Admission Quota

- A total of **up to 9 elite students** will be selected across the **three categories** — *Sports, STEAM, and Music & Arts*.
- The total number of selected students **will not exceed 9**. Selection will be based on personal statements, principal recommendations, and group assessments.

Students admitted to the school through this programme will receive the following:

1. **Priority admission** to Man Kwan Pak Kau College during the *Discretionary Places Admission Stage* of the Secondary One allocation process.
 2. **Six years of focused training and external exchange opportunities:**
 - The school will provide comprehensive support in each field — *Sports, STEAM, and Music & Arts*.
 - For details, please refer to the training plans for each category outlined in later sections of the document.
-

(III) Application and Admission Procedures

Eligibility Requirements

I. Academic Requirements

Applicants must be **Primary Six students** and submit **academic reports for the past two years** together with a complete set of application materials.

II. Participation and Achievements

Applicants should list their **activities and awards from the past three years** in the areas of **Sports, STEAM, and Music & Arts**, including exchange programmes, training, or competitions. Supporting documents (e.g. **certificates, photos, activity records, or school proofs**) must be attached.

III. Recommendation Letters

A **recommendation letter from the primary school principal** (with school stamp) is required, outlining the applicant's character and learning attitude.

Additional letters from **coaches, instructors, or sports associations** are welcome, especially for Sports applicants, to highlight ability and personal qualities.

IV. Personal Statement

Applicants must provide a **personal statement of at least 200 words**, covering:

- interest in the programme;
 - connection between personal experiences and the school;
 - expected development and achievement over the six-year journey.
-

(IV) Application Requirements

Applicants must submit the following materials:

1. **Secondary One Discretionary Place Application**
 - Submit the official *Discretionary Place Application Form* (three-colour form) **directly to the school**, or apply through the **S1 e-Admission Platform**.
2. **“Man Kwan Elite Programme” Application Form**
 - Choose the relevant category: *Sports*, *STEAM*, or *Arts*.
3. **Online Admission Form**
 - Complete and submit the school’s **online application form**.

*Applicants must commit to listing Man Kwan Pak Kau College as their **first-choice school** during the Discretionary Places stage.*

(V) Exclusive Support for Sports Stream (Man Kwan Elite Programme)

Students admitted to the **Sports Stream** under the *Man Kwan Elite Programme* will receive the following support:

1. Specialized Training

- The school will arrange **training sessions** during or after school hours, led by **current or former Hong Kong team athletes/coaches**.
- Training focuses not only on athletic skills but also on **character building and self-discipline development**.

2. Priority for Sports Study Tours

- Students will receive **priority placement** in both school-based and inter-school sports study tours, including:
 - local sports camps
 - overseas sports camps
- These activities aim to strengthen **teamwork, leadership, and citizenship awareness**.

3. Overseas Training and Competition Opportunities

- Selected students will participate in **overseas training, exchange, or competitions**, such as:
 - Asian regional tournaments
 - International-level events
- These experiences help broaden students' **global perspectives**, foster **leadership skills**, and sharpen their **competitive edge**.

Programme Application Details

- Applications are open **only for sports recognized by the Hong Kong Schools Sports Federation (HKSSF)** — such as track and field, swimming, volleyball, etc. — to nurture students with strong athletic potential.

Selection and Interview Process

- **Preliminary Assessment:**
 - Applicable to both **team** (e.g. basketball, football, handball, volleyball) and **individual events** (e.g. athletics, swimming, badminton, table tennis).
 - Applicants must demonstrate **sport-specific skills and knowledge**, and submit supporting documents such as **competition certificates or coach/school recommendation letters** covering the past three years.
 - **Interview:**
 - Held on the same day as the assessment. Students will take part in a **group or individual interview** to discuss their sports experience, teamwork, and understanding of the school's values (e.g. how they demonstrate cooperation and character in competitions).
-

(VI) Exclusive Support for STEAM Stream (Man Kwan Elite Programme)

Students admitted to the **STEAM Stream** under the *Man Kwan Elite Programme* will receive the following support:

- **Individual Learning Follow-up:**

Each student will be assigned a teacher mentor to monitor and guide their STEAM development throughout secondary school.
- **Specialized Technology Training:**

Progressive individual or group-based training in foundational sciences, mathematics, and technology, with advanced modules covering **AI and data analysis, robotics design and operation, and interdisciplinary scientific projects**.
- **International Exchange Opportunities:**

Each student will have **at least one opportunity** to join an **international STEAM exchange or conference**, with priority given to the school's overseas exchange programmes.

- **Enriched Learning Experience:**

Students will take part in the school's **STEAM research and innovation projects** and represent the school in **local, national, or international competitions**.

- **Global Curriculum Linkage:**

Sponsored opportunities to join **online technology courses** offered by institutions such as the **Massachusetts Institute of Technology (MIT)** or other partner universities.

- **University Collaboration:**

Participation in STEAM partnership or summer programmes with local universities, supporting students' early exposure to academic research and innovation projects.

- **International Examination Support:**

Guidance and preparation for **international qualifications**, including **IGCSE** and **IAL**, where applicable.

Programme Application Details

The STEAM Stream is open to students who have **participated in STEAM-related competitions** (e.g. mathematics, science, technology, AI, or robotics) and achieved **outstanding results**.

The programme aims to identify and nurture students with **strong potential in technology and innovation**.

1. Mathematics or Science Competitions

- Local, national, or international **mathematics or science competitions**.

2. Innovation and Technology Competitions

- Science, technology, or invention competitions (e.g. *Hong Kong Youth Science & Technology Innovation Contest*, *InnoTech Expo*).
- Robotics competitions (e.g. *VEX Robotics*, *FIRST LEGO League*).
- Artificial Intelligence competitions.
- Programming or computational thinking challenges.

3. Other STEAM Competitions

- Local, national, or international-level **STEAM competitions**.

Selection and Interview Process

Interview Invitation

Shortlisted applicants will be invited to attend an interview as an essential part of the selection process.

Evaluation Criteria

The interview will assess:

1. students' **achievements in activities or competitions**;
2. **STEAM learning ability and innovation potential**;
3. **understanding of the school's mission and values**.

Practical Demonstration and Presentation

During the interview, students are required to:

1. demonstrate their **programming and coding ability**;
 2. apply **design thinking** to solve a given problem;
 3. present their **personal STEAM project or portfolio**.
-

(VII) Exclusive Support for the Music and Arts Stream (Man Kwan Elite Programme)

Students admitted to the **Music and Arts Stream** under the *Man Kwan Elite Programme* will receive the following forms of dedicated support:

1. Diverse Music and Arts Activities

A wide range of art and music activities for students to explore creativity and develop their artistic potential.

2. Competition Subsidies

Financial support to participate in local or international art and music competitions.

3. Exchange Sponsorship

Subsidies for overseas music and arts exchange programmes to broaden students' horizons.

4. School and Community Showcases

Organization of school-based and community art exhibitions or concerts to present student works and achievements.

Programme Application Details

Applicants must meet **at least one** of the following criteria:

1. Public Examination Certification

- Grade 5 or above (with **Merit** or **Distinction**) in practical exams (instrumental or vocal) from **ABRSM** or equivalent internationally recognized institutions.

2. Competition Achievement Certification

- Achieved **Merit or higher** in the **Hong Kong Schools Music Festival** or other regional/national music competitions within the **past three years**.

3. Special Achievements

- Participated in major performances (e.g. youth orchestra, choir, public solo recital).

- Submitted a **recommendation letter** from a music professional highlighting musical excellence and potential.
-

Music Audition and Interview Process

Applicants passing the document review will attend a live audition conducted by school music staff or instructors.

1. **Performance or Vocal Presentation** – Two contrasting pieces, total duration 5–10 minutes.
2. **Sight-Reading / Sight-Singing Test** – Short preparation followed by live performance.
3. **Interview** – Discussion on musical knowledge, motivation, goals, and time management.

Visual Arts Selection and Interview Process

Shortlisted applicants will attend an interview to:

1. **present their personal portfolio** showcasing artworks;
 2. **explain their study plan or creative direction** within the visual arts.
-

(VIII) Review and Admission Process

All applications for the **Man Kwan Elite Programme** will be assessed by the school's **Selection Committee**, based on the following criteria:

1. Personal Statement & Interview Performance (30%)
2. Portfolio (activities, training, competitions, awards, etc.) (45%)
3. Academic Results (10%)
4. Conduct (15%)

Application Submission Period

- **Application Opens:** From October 18, 2025, to January 16, 2026.

**This form is for the internal selection process of the “Man Kwan Elite Programme” only. The information will be used solely for reference and record purposes.*

*Applicants who wish to apply to our school under the **S1 Discretionary Places stage** must complete official submission between **2–16 January 2026**, during office hours, by submitting the following documents in person to the school general office.*

Documents Required:

1. **S1 Discretionary Place Application Form** (Parents may also apply via the *S1 e-Admission Platform*)
2. Copy of the **student's HKID card**
3. **One recent student photo**
4. Copy of **Primary 5 full-year report card**
5. Copy of **Primary 6 first-term report card**
6. **Recommendation letter** from the primary school principal and/or teacher (if available)
7. **Personal Statement**
8. Copies of all relevant **certificates, awards, qualifications, or project work**

Submission Method

- Submit **in person** to the **General Office** of the school.

Interview and Result Announcement

● Interview Notification:

Eligible applicants will be notified by **21 January 2026** to attend the **first-round interview** scheduled on **24 January 2026**.

● Second-Round Interview Arrangement:

Applicants who are **not shortlisted for priority admission** through this programme will be considered under the school's **S1 Discretionary Places admission mechanism** and advance to the **second-round interview** accordingly.

● Alternative Arrangement:

Applicants who are **not shortlisted** for this programme's interview will still be considered under the school's **first-round interview** for S1 Discretionary Places admission in accordance with the school's selection criteria.

1. Academic Results 30%
 2. Conduct 30%
 3. Interview Performance 20%
 4. External Competitions / Extracurricular Activities 20%
-